

Dry Floatation

Dry floatation tank allows you to experience the ultimate state of tranquillity where 25mins on it is an equivalent to 8 hours of sleep.

25mins £30

Sun Meadow

The Sun Meadow Room offers gentle light therapy to help relieve the symptoms of S.A.D (Seasonal affective disorder).

15mins £15

Body Exfoliation

Stimulating and deep body exfoliation, perfect as standalone treatment or in preparation for a massage.

Choose from the following blends:

Relax

Revive

De-Stress

Renew

Enrich

25min £55

Salt Caviar Scrub

The combination of Siberian Golden Root with 100 % pure and natural essential oils of Eucalyptus and Siberian Pine purifies tones and softens the skin.

25min £60

K Spa Ultimate Back Relief

This is a unique experience to K Spa and is a total D-Stress ritual for the back.

The treatment starts with a deep back cleanse and exfoliation, followed by a hot stone back massage, and application of a thermal warm mud mask along the spine and the shoulders. Not only a treat for your back, it also includes a choice of a relaxing head or leg massage.

40 min £75

Glowing Express Facial

This express skin care treatment is the perfect pick me up, helping to bring your complexion back to its natural vitality. An instant boost for tired, dehydrated or stressed skin.

25min £55

Na plai, Recovery Head Massage

A soothing yet energizing back, neck, shoulders and head massage focusing on vital energy points for a total mind and spirit experience. The treatment starts with the application of a hot herbal poultice, to ease tension and restore vital tranquillity. Next, touch paradise while a rejuvenating blend of rosewood and orange is gently massaged onto your face to stimulate Marma points, promoting total recovery and balance.

40min £75

Oriental Scalp Massage

A deep scalp massage that focuses on your energy points, combined with individually selected aromatherapy oils. If time is of the essence, this treatment is perfect to relieve tension, increase circulation and leave you feeling refreshed and re-energised.

25min £55

Aromatherapy Back Massage

An effective back neck and shoulder massage treatment using firm pressure, for balancing and to take you away from the stresses and strains of everyday life and transport your mind, body and spirit into a deep state of complete relaxation.

25min £55