

K Spa Use for HOTEL Guests:

Monday - Friday - £20 per person

Saturday - Sunday (and Bank Holidays) - £30 per person

If you arrive from 8pm during weekdays the charge is just £10 per person (Mon-Fri) only.

Alternatively, book any holistic spa treatment and get complimentary spa access (except Saturdays and Sundays). For total peace and tranquillity please note that K Spa is an adult-only facility (over 18s).

Spa Use for EXTERNAL Guests

External guests will be charged £50 per day or £65 with lunch, per person.

Book an hour holistic treatment Monday to Friday to get Wet Spa and gym access for £25 or

book 2hrs of holistic treatment for a complimentary Wet Spa and gym entry. To use K Fit gym and Wet Spa only.

Speak Up!

The biggest mistake most people make is keeping silent. We at K Spa want your feedback: from the treatment room temperature and the music volume, to the pressure being used during your treatment. It is particularly important to let the therapist know about any problem areas you may have, or areas you would like special attention paid to. Our therapists are ready to listen and always happy to oblige.

Booking Treatments

The story is the same at almost every hotel, resort, and spa: we all ask that you arrive up to an hour before your appointment so you can take advantage of the facilities prior to your treatments.

Need an incentive to arrive on time? Our hydrotherapy pool, aromatherapy steam room, sauna, sanarium, foot baths and London's first Snow Paradise are a great prelude or end to your treatments, and overall experience.

You will be asked for credit card details to secure your booking, without them we cannot process any bookings.

It is your choice if you want a male or female therapist, but please remember to tell us when you book if it matters to you. Keep in mind that at peak times, it might be harder to fulfil your request.

If you are not a hotel guest, you may use the Wet Spa facilities for £25 per person when you book an hour-long holistic spa treatment (except on Saturdays). Any two hours of holistic spa treatments will allow you to use the Wet Spa facilities and K Fit gym for free, any day of the week.

Cancellation

Traffic, road works, bad weather, food poisoning etc, we have heard it all! Please be aware that arriving late will mean you lose some of your treatment time as often we can't push your appointment back more than 10 minutes as our therapists will be booked with their next client.

If you have a nasty cold or flu, please stay at home! Don't risk it and have a miserable experience.

We have a 24 hour cancellation policy to avoid 100% charge.

For total peace and tranquillity please note that K Spa is an adult-only facility (over 18s).

K Spa Rules

Your mobile phone or Blackberry should be turned off and kept off while in the spa; using either is highly discouraged, and takes away from your relaxing experience.

General information

In the relaxation area, conversations are fine, but please moderate your voice as other guests may be having a post treatment-nap. Always shower before entering the wet facilities. While using a sauna or steam room, please sit on a towel and drink plenty of water, especially in between using the steam room and the sauna. Avoid alcohol the day of your appointment. Avoid shaving (that's face or legs) the day of your appointment as it can cause irritation to your skin. Please note that a patch test is required for an eyelash tint if you are first timer. We have changing rooms with lockers, robes and slippers, and all the necessary toiletries are provided by Ytsara and Aromatherapy Associates. Jewellery is not recommended to be worn while using the wet facilities or having treatments. All you need to bring is yourself, your bathing suit or your gym kit if you want to use our K Fit facilities.

Spa Shop

Looking for a perfect product or gift?

The spa offers a wide range of products and gift sets which you can purchase or you could choose to buy a Gift Voucher, perfect for the person who has everything! These can either be purchased at K Spa or from our website.

GIFT VOUCHERS

Browse our catalogue, make your selection and we will send your selected gift voucher to you (or directly to the recipient) by post or, if you prefer, we can send an email gift voucher.

[Buy K West Hotel and Spa Gifts Online](#)